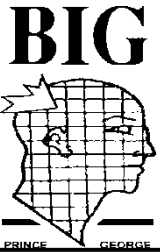


# The Prince George Brain Injured Group



United Way  
Northern British Columbia  
unitedwaynbc.ca

## AUGUST Newsletter



### Upcoming Events/Classes/Groups at PGB Phone: 250-564-2447

Did you know....Here are some holidays for August just for your information:

*On August 16, make everyone around you giggle, guffaw, chortle, cackle or in other words, laugh, by telling them a joke because it is Tell A Joke Day.*

*August 17 is Thrift Shop Day. It is a perfect holiday for those of you who like a good bargain and are a fan of old, vintage items.*



**Special Event: August 15, 2019 Time: 1:00 to 2:30 pm Picnic at Lheidli T'enneh Memorial Park: Alison's Tree!!!**

**We are providing: Hot Dog Snacks and Water. You are welcome to bring something to share. We hope to see you there.**

**Special Event: August 22, 2019 Time: 1:00 pm to 2:30 pm**

UNBC Stroke & Brain Injury study celebration: sharing of story through art, poetry, presentation. This study may be published and there will be interesting things to share with everyone. We are excited for this opportunity to share the outcome of this study with you. **Open to all members.**

In BIG room and Food Provided. See you there!

### **"My Wildfire Plan" Workshop**

**Fridays in July Time: 11:00am-12:00pm**

**To help members prepare a plan if an evacuation should occur in the Prince George area.**



### **Reminders:**

**OFFICE CLOSED  
MONDAY August 5th**



Download from: [www.shutterstock.com](http://www.shutterstock.com)

**Summer Programs:  
Cribbage, CLG, and  
Open Social will be  
running all summer long  
at regular scheduled  
times.**

### **Weekly Groups & Classes:**

#### **Cribbage:**

**Monday 12:30pm-2:30pm**

#### **CLG**

**Wednesday 12:30pm-  
2:00pm**

#### **Open Social**

**Thursday 1:00pm-2:30pm**



**Carp Lake Fishing Trip: Space Limited Depending on # of Boats, Ground rough, uneven, no dock, must be able to get in/out of boat.  
Thursday, Sept 5  
Friday Sept 6**