

JANUARY 2025

PHONE: 250-564-2447

Su	Monday	Tuesday	Wednesday	Thursday	Friday	Sa
			<p>1</p> <p>New Year's Day</p> <p>Office Closed</p>	<p>2</p> <p>Rebuilding # 14 10:00 am – 11:30 am</p> <p>Open Social "Mr. Bean: The Bean Test" 1:00 pm -2:30 pm</p>	<p>3</p> <p>Games 11:00 am – 1:00 pm</p> <p>Yoga 1:30 pm – 2:30 pm</p>	4
5	<p>6</p> <p>Coffee Group 11:00 am-12:00 pm</p>	<p>7</p> <p>Intro to Brain Injury #1 10:00 am – 11:30 am</p>	<p>8</p> <p>Karate 10:00 -11:30 am</p> <p>CLG "Problems Completing Tasks" 12:30 pm-2:00 pm</p>	<p>9</p> <p>Rebuilding # 15 10:00 am – 11:30 am</p> <p>Open Social "Crime Beat: Mad Trapper" 1:00 pm -2:30 pm</p>	<p>10</p> <p>Games 11:00 am – 1:00 pm</p> <p>Yoga 1:30 pm – 2:30 pm</p>	11
12	<p>13</p> <p>Coffee Group 11:00 am-12:00 pm</p>	<p>14</p> <p>Intro to Brain Injury #2 10:00 am – 11:30 am</p>	<p>15</p> <p>Karate 10:00 -11:30 am</p> <p>CLG "Losing Belongings" 12:30 pm-2:00 pm PWD</p>	<p>16</p> <p>Rebuilding # 16 10:00 am – 11:30 am</p> <p>Open Social "Lost Worlds of the Mediterranean" 1:00 pm -2:30 pm</p>	<p>17</p> <p>Games 11:00 am – 1:00 pm</p> <p>Yoga 1:30 pm – 2:30 pm</p>	18
19	<p>20</p> <p>Coffee Group 11:00 am-12:00 pm</p>	<p>21</p> <p>Intro to Brain Injury #3 10:00 am – 11:30 am</p>	<p>22</p> <p>Karate 10:00 -11:30 am</p> <p>CLG "Time Management" 12:30 pm-2:00 pm</p>	<p>23</p> <p>Rebuilding # 17 10:00 am – 11:30 am</p> <p>Chili Bake off Potluck 1:00 pm -2:30 pm</p>	<p>24</p> <p>Games 11:00 am – 1:00 pm</p> <p>Yoga 1:30 pm – 2:30 pm</p>	25
26	<p>27</p> <p>Coffee Group 11:00 am-12:00 pm</p> <p>Art Group 1:00 pm- 3:00 pm</p>	<p>28</p> <p>Intro to Brain Injury #4 10:00 am – 11:30 am</p>	<p>29</p> <p>Karate 10:00 -11:30 am</p> <p>CLG "Disruption of Routines" 12:30 pm-2:00 pm CPP/OAS</p>	<p>30</p> <p>Rebuilding # 18 10:00 am – 11:30 am</p> <p>Open Social " The Race to Reverse the River" 1:00 pm -2:30 pm</p>	<p>31</p> <p>Woman's Group "Self-Care Vs Guilt" 10:00 am -11:30 am</p> <p>Games 11:00 am – 1:00 pm</p> <p>Yoga 1:30 pm – 2:30 pm</p>	