

# APRIL 2025

## PG Brain Injured Group

PHONE: 250-564-2447

Su	Monday	Tuesday	Wednesday	Thursday	Friday	Sa
		1 Toolbox #7 10:00 – 11:30 am  Intro to Brain Injury #2 1:00 pm – 2:30 pm	2 Karate 10:00 -11:30 am  CLG “Looking Forward” 12:30 pm-2:00 pm	3 Rebuilding # 27 10:00 am – 11:30 am  Open Social “Return to the Wild - The Chris McCandless Story” 1:00 pm -2:30 pm	4 Games 11:00 am – 1:00 pm  Yoga 1:30 pm – 2:30 pm	5
6	7 Coffee Group 11:00 am-12:00 pm	8 Toolbox #8 10:00 – 11:30 am  Intro to Brain Injury #3 1:00 pm – 2:30 pm	9 Karate 10:00 -11:30 am  CLG “Perceived Chaos” 12:30 pm-2:00 pm	10 Rebuilding # 28 10:00 am – 11:30 am  Open Social “Who Sank the Titanic? - The Secrets Behind the History” 1:00 pm -2:30 pm	11 Games 11:00 am – 1:00 pm  Yoga 1:30 pm – 2:30 pm	12
13	14 Coffee Group 11:00 am-12:00 pm	15 Intro to Brain Injury #4 1:00 pm – 2:30 pm	16 Karate 10:00 -11:30 am  CLG “Living a Kinder Life” 12:30 pm-2:00 pm <b>PWD</b>	17 Rebuilding # 29 10:00 am – 11:30 am  Easter Potluck 1:00 pm -2:30 pm	18 Good Friday Office Closed  	19
20	21 Easter Monday Office Closed   <small>©www.ClipartPics.de</small>	22 Toolbox #1 10:00 – 11:30 am  Intro to BI Class starts next week.	23 Karate 10:00 -11:30 am  CLG “Flooding” 12:30 pm-2:00 pm	24 Rebuilding # 30 10:00 am – 11:30 am  Open Social “Discovering Haida Gwaii’s Ancient Past” 1:00 pm -2:30 pm	25 Woman’s Group “Connecting Together” 10:00 am -11:30 am  Games 11:00 am – 1:00 pm Yoga 1:30 pm – 2:30 pm	26
27	28 Coffee Group 11:00 am-12:00 pm  Art Group 1:00 pm-3:00pm <b>CPP/OAS</b>	29 Toolbox #2 10:00 – 11:30 am  Intro to Brain Injury #1 1:00 pm – 2:30 pm	30 Karate 10:00 -11:30 am  CLG “Loss of Lifestyle” 12:30 pm-2:00 pm			